

## DSE1-L II Psychology of Abnormal Behaviour

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### Semester 6

### Objective :

1. To develop an understanding of major psychological disorders such as Schizophrenia, Schizoaffective Disorder, personality disorders, and neurodevelopmental disorders.
2. To familiarize students with the nature, types, symptoms, diagnostic criteria, and causes of various mental health conditions, including Autism Spectrum Disorder and Attention Deficit Hyperactivity Disorder.
3. To create awareness about behavioral and lifestyle-related disorders such as eating disorders, sleep disorders, substance-related disorders, and addiction.

### Expected Outcomes:

1. Students will be able to identify and explain different psychological disorders along with their symptoms and causes.
2. Students will understand diagnostic criteria and differentiate between various mental health conditions.
3. Students will develop awareness and sensitivity toward mental health issues and apply this knowledge in real-life or professional contexts.

#### Unit V : Schizophrenia & Other Psychotic Disorders

1. Schizophrenia: Nature, Types, Symptoms, Diagnostic Criteria & Causes
2. Schizophreniform Disorder: Nature, Types, Symptoms, Diagnostic Criteria & Causes
3. Schizoaffective Disorder: Nature, Types, Symptoms, Diagnostic Criteria & Causes
4. Delusional Disorders: Nature, Types, Symptoms, Diagnostic Criteria & Causes

#### Unit VI : Personality Disorders and Impulse Control Disorders

1. Characteristics of Personality Disorder and Gender Differences
2. Personality Disorders Characterized by Odd or Eccentric Behavior: Paranoid, Schizoid & Schizotypal – Nature, Symptoms, Diagnostic Criteria & Causes
3. Personality Disorders Characterized by Dramatic, Emotional, or Erratic Behavior: Antisocial, Borderline, Histrionic & Narcissistic – Nature, Symptoms, Diagnostic Criteria & Causes
4. Personality Disorders Characterized by Anxious or Fearful Behavior: Avoidant, Dependent & Obsessive-Compulsive – Nature, Symptoms, Diagnostic Criteria & Causes

#### Unit VII : Eating Disorders, Sleep-Wake Disorders, Sexual Disorders, Substance-Related and Addictive Disorders

1. Eating Disorders (Anorexia Nervosa, Bulimia Nervosa & Binge-Eating Disorder): Nature, Symptoms, Diagnostic Criteria & Causes
2. Sleep-Wake Disorders (Insomnia Disorder, Hypersomnolence Disorder, Narcolepsy, Breathing Related Sleep Disorder, Circadian Rhythm Sleep-Wake Disorder): Nature, Symptoms, Diagnostic Criteria & Causes

3. Alcohol Related Disorders (Alcohol Use Disorder, Alcohol Intoxication, Alcohol Withdrawal): Nature, Symptoms, Diagnostic Criteria & Causes
4. Gambling Disorder, Internet and Cell Phone Addiction: Nature, Symptoms, Diagnostic Criteria & Causes

**Unit VIII : Neurodevelopmental Disorders**

1. Autism Spectrum & ADHD: Nature, Types, Symptoms, Diagnostic Criteria & Causes
2. Intellectual Disability: Nature, Types, Symptoms, Diagnostic Criteria & Causes
3. Communication Disorders: Nature, Types, Symptoms, Diagnostic Criteria & Causes
4. Learning Disorders: Nature, Types, Symptoms, Diagnostic Criteria & Causes